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Bhutan is a natural paradise with a unique cultural heritage and traditions. The South Asian Empire is conservative in its values and still isolated from the rest of the world. The land of ancient traditions and monuments warmly welcomes you.

7 nights 8 days Bhutan tour allows you to explore the ancient cities of Paro, Punakha, and Thimphu. You will explore the cultural lifestyle and heritage of Tipu, Paro, Punakha, and the traditional rural lifestyle of the people of Bhutan.

## Highlights

- ❖ A pleasant flight over the mountains towards Paro airport
- ❖ Discover the Motithang Takin and see the Bhutan national animal
- ❖ Visit Kunshellholing to get a breathtaking view of the Thimphu valley
- ❖ Visit Tashichho Dzong, the centenary farmers' market and the Memorial Chorten
- ❖ Visit National Museum of Public Heritage, National Textile Museum and Jungshi Handmade Paper Factory
- ❖ Visit Dokula Pass above the 3,080 meters with view Tsendang, the plenum of Gangkar, etc.
- ❖ Visit Punakha Dzong and see the beauty of the Khamsaam Yuli temple
- ❖ Visit the Bumthang Valley and explore with Tamzhing Goemba, Kurjey Lhakhang
- ❖ Visit Paro Dzong, built out of stones and government centers from Pa Paro
- ❖ Enjoy the breathtaking natural beauty and picturesque landscape during the trip.

## 7 nights 8 days Bhutan tour

7 Nights 8 days tour of Bhutan allows you to explore the culture, history, and majestic landscape of the state of Bhutan. Visit the capitals Thimphu, Paro, and Punakha. This trip also includes the Bumdra Trek. With the two-day Bumdra trekking, you can be part of the breathtaking landscape of Bhutan. Although Bhutan is a small country, it offers an incredible lifestyle, unique culture, traditions, and architecture that are worth visiting at least once in a lifetime. Snow-capped mountains, forests, deep valleys, meadows, rivers, and waterfalls are a beautiful retreat. Dzong architecture, monasteries, stupas, and temples are lovely places to explore and learn the philosophy, religion, and culture of the people of Bhutan.

The Bhutan trip along the Bumdra Trek begins from the capital of Bhutan, Thimphu. There are many historical sites and monuments such as Tashichho Dzong and Kunselcholing Lookout that were built on the hillside ruins of Kuensel Phodrang. Dzongs are forts that are now using as administrative offices and schools. At the gates of Bhutan, magnificent paintings, artifacts and architecture have been preserved for years. Then drive to Punakha and Paro. During the tour, you can see many points of view from many perspectives. You will visit many Dzongs and monasteries in the capitals and on the go. They give you a better understanding of the unique and spectacular architecture that Vajrayana Buddhism represents.

This Bhutan Tour with the Bumdra Trek Package also offers a trekking experience in the tranquil Himalayan landscape. Mountaineering to Bumdrah Monastery and Tigre's Monastery dominates the snow-capped mountains and other views such as the Paro Valley. It is a great chance to interact with local Bhutanese people and explore their way of life. You can experience the land of thunder dragons up close for two days on foot and one night at Bumdra Monastery.

While traveling to Bhutan on the Bumdra Trek, you can enjoy the festivals and customs of the people of Bhutan. The prayer flags hanging above, the large and lively streets, the people hypnotized by their traditional costumes, songs, hymns, and landscapes make the experience of Bhutan unforgettable.

## **Itinerary**

### **Day 1: Welcome in Paro and Drive to Thimphu**

After completing your beautiful mountain flight, you will reach Paro International Airport. Our Airport representatives will welcome you in Bhutan. Then you go to Thimphu. It's a natural trip, take your time to familiarize yourself with the Bhutanese climate. When you arrive in Thimphu, check into a hotel and relax.

Meals include lunch and dinner.

### **Day 2: City sightseeing tour around Thimphu**

You will do a full day city tour in Thimphu. Your first step is the Heritage Museum, where you can see ancient rural indigenous artifacts. Then visit the Textile Museum, where you can see traditional weaving. After spending some time in museums, visit the largest Zhong. From Thimphu Dzong, explore the Choran National Museum, built in honor of the late King Jigme Dorje. Visiting Zhong and its museums gives you a better idea of Bhutan's culture, tradition, and history. You'll also visit the paper mill, where you'll see the art of papermaking. Today's final destination is Simkotha Dzong, the oldest fortress in Bhutan.

Meals included breakfast, lunch, and dinner.

### **Day 3: Drive from Timbu to Punakha**

Today, after exploring Thimphu, take a scenic drive to Punakha the next day. On the way, you will find the Dochula Pass. From here, you can have a improbable view of the surrounding scenery. Enjoy breathtaking views during your trip. After a few hours' drive, you will reach Punakha. You check into a hotel and relax for a while. Then you set off to explore Punakha.

First, visit Punakha Dzong, where you will discover the magnificent architecture, artifacts, and paintings of Bhutan. Then it goes to Khamsum Yulley Namgyal Chorten, which was built by the Queen Mother. There you can explore the architecture and art of Bhutan. Your sightseeing tours end here.

Meals included breakfast, lunch, and dinner.

### **Day 4: Drive from Punakha to Paro**

The next day you have a nice trip to Punakha. On a 4-hour drive, you get a spectacular view of the landscape, rivers, and forests. You will also meet Simtokha Dzong on the way. When you arrive in Paro, check into a hotel and relax for a while. Then enjoy a full day sightseeing in Paro. The first visit will be to Dzong, also known as Rinpung Desang. There you will find paintings, architecture, and artifacts. It is also an administrative center. Then visit Ta Zong, which was built as a watchtower and later converted into a national museum. Here you can see historical artifacts and paintings.

Meals included breakfast, lunch, and dinner.

### **Day 5: Trek to Bumdra**

Your Bumdra Trek begins from Paro to Sang Chorkhor. After the meeting on campus, the trek begins. You have to ascend for about 1-2 hours. From the top, the views of the prayer flags, the Paro, and the two Chu valleys look breathtaking. After about an hour, you will reach the Chhoe Tse Lhakhang temple on the mountain slope. Then you enter a path that leads into the old jungle. If you walk through the forest, you will reach the sacred Chetren and the Bumdra Monastery. From here, the view of the snow-capped mountains, the landscape, and Paro is spectacular. You will spend the rest of the day enjoying the view and exploring the ashram. However, you can optionally take a hike to the 4,000-meter high.

Meals include breakfast, lunch, and dinner.

### **Day 6: Continues Bumdra Trek.**

After breakfast, you will climb back down to the valley. You cross the Rhododendron forests and walk the path. Then take another way to the Tigre's Monastery that passes the Sangtopelri Gardens. It is one of the main destinations in Bhutan. Guru Rinpoche is said to have meditated on the back of the tiger for several years. You can explore monasteries, paintings, caves, and art. From here, you can see impressive views of the surroundings. Then descend into the Paro Valley.

Meals include breakfast, lunch, and dinner.

## **Day 7: Sightseeing tour in Paro city**

After waking up in the Paro Valley, you can visit the National Preservation Museum with various artifacts and Bhutanese art. You can visit Dzong and learn more about Bhutanese art and architecture and then visit the Ruins of Drukgyel Dzong north of Paro. It is in a beautiful location, surrounded by mountain views, greenery, and natural beauty. Later in the evening, you can stroll through the valley, get to know the lifestyle of the locals, or enjoy the secluded beauty of Bhutan.

Day 8: Finally drop to Airport

Meals include: breakfast

Your trip to Bhutan has ended here. After breakfast, we will transfer to Paro International Airport for your flight to your next destination or home.

### **The cost is included**

- ❖ Full board meals (Breakfasts, lunches, and dinners)
- ❖ Three-star accommodation in Nepal and Bhutan
- ❖ All the ground transports including Pick up and drop at airport
- ❖ Knowledgeable driver with private vehicle
- ❖ A qualified, licensed holder and English speaking tour guide
- ❖ Entry Visa fees to Bhutan
- ❖ All entrance and permits fees
- ❖ Government tax, royalties, and service charge

### **Cost Exclude**

- ❖ Flight ticket to and from Bhutan
- ❖ Travel and health insurance
- ❖ Personal expenses like drinks, chocolate, fruits, sweets, etc.
- ❖ Tips for Driver and tour trekking guide

### **Food and accommodation**

Bhutan hotels are approved and classified by the Bhutan government as Classes A, B, and C. These government-approved hotels are equaled to 3-4 star hotels. We offer class accommodation on this trip, but it is subject to availability at the time of booking. All accommodations are on double or twin sharing. You can get Single rooms upon request paying an extra charge.

All meals in Bhutan include on the package. Indian, Chinese, and continental foods are available in the most hotel. Non-vegetarian dishes are generally available in most of Bhutan like pork, beef, chicken, and fish. The main recommendation is to ask the hotel and restaurant to confirm what is fresh and seasonal.

### **When is the best travel time for Bhutan?**

The best time to visit Bhutan is from October to December as the air and sky are bright and sunny. January and February are colder, but from then until April, the local climate remains dry of high quality. In late spring, flood the valleys with color of the famous rhododendrons bloom spectacularly. The heat and humidity intensify from May to September, and the monsoon rain covers the mountains at this time. If you want to see the unusual black-necked cranes, we recommend that you travel through the Phobjikha Valley between late October and mid-February.